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7. Core Training (Core Module 12: Postpartum Problems (The Puerperium))
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21. Core Training (Core Module 8: Antenatal Care)
22. Core Training (Core Module 9: Maternal Medicine)
23. Core Training (Curriculum / Logbook Progress)
24. Core Training (Ultrasound Module 1: Basic: Early pregnancy (8-12 weeks))
25. Core Training (Ultrasound Module 2: Basic: Ultrasound assessment of fetal size, liquor and the placenta)
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<table>
<thead>
<tr>
<th>Competences</th>
</tr>
</thead>
<tbody>
<tr>
<td>- Identify a research supervisor</td>
</tr>
<tr>
<td>- Identify a research topic</td>
</tr>
<tr>
<td>- Critical appraisal of paper or topic</td>
</tr>
<tr>
<td>- Define a research question</td>
</tr>
<tr>
<td>- Develop a research proposal</td>
</tr>
<tr>
<td>- Carry out an experiment</td>
</tr>
<tr>
<td>- Can undertake data interpretation and statistical analysis</td>
</tr>
<tr>
<td>- Write up a thesis</td>
</tr>
<tr>
<td>- Write a grant application (as co-applicant)</td>
</tr>
<tr>
<td>Competences</td>
</tr>
<tr>
<td>-------------</td>
</tr>
<tr>
<td>Demonstrates knowledge of Information storage and retrieval</td>
</tr>
<tr>
<td>Demonstrates knowledge of laboratory safety</td>
</tr>
<tr>
<td>Demonstrates knowledge of Clinical Trials/Clinical Trials legislation</td>
</tr>
<tr>
<td>Demonstrates knowledge of handling and storage of Human Tissue</td>
</tr>
<tr>
<td>Demonstrates knowledge of Research Ethics &amp; monitoring including COREC processes</td>
</tr>
<tr>
<td>Demonstrates knowledge of patient and Intellectual Property issues</td>
</tr>
</tbody>
</table>
Core Training (Academic Module 3: Communication and Education)

Competences

- Write an abstract
- AV presentation at local meeting
- Discuss project at laboratory meeting
- AV presentation at laboratory meeting
- Demonstrates understanding of different teaching methods
- Present at national meeting
- Have a paper accepted by a peer-review journal
- Co-supervise or supervise undergraduate / Masters project
- Use different modalities of teaching
Core Training (Core Module 1: Clinical Skills)

Competences

History taking

- Take and analyse an obstetric history
- Take and analyse a gynaecological history
- Appropriate use of interpreters

Clinical examination and investigation

- Breast examination
- Abdominal examination
Core Training (Core Module 1: Clinical Skills)

Competences

- History taking
  - Take and analyse an obstetric history
  - Take and analyse a gynaecological history
  - Appropriate use of interpreters

- Clinical examination and investigation
  - Breast examination

- Abdominal examination
  - Non-pregnant
  - Pregnant

- Speculum examination
  - Cusco's
  - Sims'

- Take microbiology swabs
  - Vagina
  - Cervix
Core Training (Core Module 1: Clinical Skills)

Competences

- History taking
  - Take and analyse an obstetric history
  - Take and analyse a gynaecological history
  - Appropriate use of interpreters

- Clinical examination and investigation
  - Breast examination
  - Abdominal examination
    - Non-pregnant
    - Pregnant
  - Speculum examination
    - Cusco's
    - Sims'

- Take microbiology swabs
  - Vagina
  - Cervix
  - Urethra

- Perform cervical cytology screening
  - Staging (Cervical Cytology)
  - LBC

Formative OSATS (Supervised Learning Event) -
- Fetal blood sampling 26 Jun 2019 (Mr Alex Baker) (Assessment performed on a simulator)
- Manual removal of placenta 26 Jun 2019 (Competent) (Mr Alex Baker, Consultant)
- Basic Ultrasound Module 2 - Placental assessment 26 Jun 2019 (Mr Alex Baker) (Assessment NOT performed on a simulator)
- Intermediate Ultrasound Module 4 - Ultrasound assessment of pelvic pain 26 Jun 2019 (Competent) (Mr Alex Baker, Consultant)
- Caesarean section 26 Jun 2019 (Mr Alex Baker) (Assessment NOT performed on a simulator)
- Hysteroscopy 26 Jun 2019 (Mr Alex Baker) (Assessment performed on a simulator)
- Intermediate Ultrasound Module 4 - Ultrasound assessment of ovarian lesions 26 Jun 2019 (Mr Alex Baker) (Assessment NOT performed on a simulator)

Summative OSATS (Assessment of Performance) -
- Basic Ultrasound Module 2 - Fetal measurement, lie and presentation 26 Jun 2019 (Competent) (Mr Alex Baker, Consultant)
- Basic Ultrasound Module 1 - Ultrasound examination of early (8-12 week) pregnancy 26 Jun 2019 (Mr Alex Baker) (Assessment performed on a simulator)
- Intermediate Ultrasound Module 4 - Ultrasound assessment of ovarian lesions 26 Jun 2019 (Mr Alex Baker) (Assessment NOT performed on a simulator)
Core Training (Core Module 10: Management of Labour)

Competences

- Induce labour
- Manage delay in first labour
- Manage delay in second stage of labour
- Advise on pain relief
- Interpret CTG
- Perform fetal blood sampling
- Manage fetal acidaemia
- Manage preterm labour and delivery
- Manage labour after previous caesarean section
- Management of the breech in labour (excluding delivery)
- Management of transverse lie in labour (excluding delivery)
- Cord prolapse
- Manage severe pre-eclampsia in labour
- Manage eclampsia in labour
- Manage HELLP in labour
- Manage obstetric antepartum haemorrhage
- Safe use of blood products
- Manage obstetrical collapse
- Manage intrauterine infection
- Prioritise labour ward problems
- Evaluate clinical risk
- Coordinate and run labour ward
- Liaise with other staff
- Manage in utero transfer
- Manage in utero fetal death
<table>
<thead>
<tr>
<th>Competences</th>
</tr>
</thead>
<tbody>
<tr>
<td>Normal delivery</td>
</tr>
<tr>
<td>Shoulder dystocia</td>
</tr>
<tr>
<td>Ventouse extraction without rotation</td>
</tr>
<tr>
<td>Uncomplicated acute/elective caesarean section</td>
</tr>
<tr>
<td>Repeat caesarean section (two or more previous sections)</td>
</tr>
<tr>
<td>Retained placenta</td>
</tr>
<tr>
<td>Cord prolapse</td>
</tr>
<tr>
<td>Forceps delivery without rotation</td>
</tr>
<tr>
<td>Caesarean section with sterilisation</td>
</tr>
<tr>
<td>Vaginal delivery of twins</td>
</tr>
<tr>
<td>Preterm (&lt; 28 weeks) caesarean section</td>
</tr>
<tr>
<td>Rotational assisted ventouse delivery</td>
</tr>
<tr>
<td>Procedure of defibulation in cases in female genital mutilation</td>
</tr>
<tr>
<td>Complex emergency caesarean section</td>
</tr>
<tr>
<td>Caesarean section for placenta praevia</td>
</tr>
<tr>
<td>Caesarean section after failed instrumental delivery</td>
</tr>
<tr>
<td>Caesarean section at full dilation</td>
</tr>
<tr>
<td>Recognise undiagnosed breech</td>
</tr>
<tr>
<td>Vaginal breech delivery</td>
</tr>
<tr>
<td>Delivery with fetal malpresentation: (a) Delivery with face presentation</td>
</tr>
<tr>
<td>Delivery with fetal malpresentation: (b) Delivery with compound presentation</td>
</tr>
<tr>
<td>Delivery with fetal malpresentation: (c) Delivery with shoulder presentation/transverse lie</td>
</tr>
<tr>
<td>Uterine rupture: (a) Uncomplicated uterine scar dehiscence/rupture</td>
</tr>
<tr>
<td>Uterine rupture: (a) Complicated uterine rupture</td>
</tr>
</tbody>
</table>
Core Training (Core Module 12: Postpartum Problems (The Puerperium))

Competences

- Conduct a postnatal consultation
- Bladder dysfunction
- Bowel dysfunction
- Primary postpartum haemorrhage
- Secondary postpartum haemorrhage
- Intra-abdominal haemorrhage (a) Obstetric (e.g. broad ligament haematoma, post CS)
- Intra-abdominal haemorrhage (b) Non-obstetric (e.g. liver capsule rupture, splenic artery aneurysm)
- Management of Massive Obstetric Haemorrhage
- Acute maternal collapse
- Perineal and vaginal tears
- Damage to rectum and to anal sphincters: (a) Repair 3rd degree tears
- Damage to rectum and to anal sphincters: (b) Repair 4th degree tears
- Immediate resuscitation of neonate
- Puerperal sepsis
- Perinatal mental health in postpartum period
- Contraceptive advice
- Breast problems
- Management of mastitis
- Management of thromboembolic problems
## Competences

- **Diagnose, investigate and manage the following clinical problems:**

  - **Menstrual disorders:**
    - Menstrual irregularity
    - Excessive menstrual loss
    - Premenstrual syndrome
    - Amenorrhea/oligomenorrhoea
    - Dysmenorrhoea

  - **Pelvic pain:**
    - Dyspareunia
    - Endometriosis (medical management)
    - Endometriosis (surgical management)
    - Pelvic inflammatory disease

  - **Non-gynaecological disorders**

  - **Problems of the climacteric:**
    - Postmenopausal bleeding
    - Hormone replacement therapy

  - **Others:**
    - Benign ovarian cysts
    - Vaginal discharge
    - Fibroids
    - Hirsutism
    - Pruritus vulvae
    - Vulval pain
Core Training (Core Module 14: Subfertility)

Competences

- Take history from couple
- Investigate female subfertility
- Interpret semen analysis
- Manage anovulation
- Investigate tubal function
- Counsel about management options
Core Training (Core Module 15: Sexual and Reproductive Health)

Competences

- Identify, discuss and manage the following issues:
  - A sexual health risk assessment
  - A request for contraception
    - Discuss and inform, regarding all options
  - Provide:
    - Reversible contraception
    - Emergency contraception: hormonal
    - Emergency contraception: intrauterine
    - Permanent contraception (female only, surgical)
  - Unplanned pregnancy:
    - Outpatient consultation and referral
  - Perform (to indicated level):
    - Early medical termination of pregnancy
    - Late medical termination of pregnancy
    - Early surgical termination of pregnancy
    - Late surgical termination of pregnancy
    - Post-procedure follow-up consultation
  - STIs including HIV/AIDS:
    - Diagnosis and management of the common STIs
    - Chlamydia screening and treatment
    - Explain the principles of partner notification
    - Perform an HIV risk assessment
    - Psychosexual problems
    - Take a history from individual/couple
    - Plan initial management/know when to refer
Competences

- Miscarriage:
  - Clinical assessment
  - Medical management of miscarriage
  - Conservative management of miscarriage
  - Surgical management of miscarriage (SMM)
  - Counselling
  - Manage recurrent miscarriage

- Ectopic pregnancy:
  - Diagnosis
  - Conservative management
  - Medical management
  - Laparoscopic management
  - Laparotomy for ectopic pregnancy

- Other conditions
  - Early management of trophoblastic disease
Core Training (Core Module 17: Gynaecological Oncology)

Competences

- Cervical cytology:
  - Counsel about cytology reports
  - Observe and understand the need for basic colposcopy
  - Management cervical intraepithelial neoplasia

- Manage premalignant conditions (including referral as appropriate):
  - Cervical
  - Endometrial
  - Lower genital tract

- Recognise, counsel and plan initial management of carcinoma of:
  - Cervix
  - Endometrium
  - Ovary
  - Vulva
  - Choriocarcinoma
  - Rapid access clinic
Core Training (Core Module 18: Urogynaecology and Pelvic Floor Problems)

Competences

- Take urogynaecological history
- Cystoscopy

  Interpret:
  - Urinary frequency volume charts
  - Uroflowmetry profiles
  - Cystometric investigations
  - Residual volume measurement

  Manage non-surgically:
  - Bladder voiding disorders
  - Urgency of micturition

  Uterovaginal prolapse:
  - Assess
  - Manage non-surgically
  - Repair of anterior prolapse
  - Repair of posterior prolapse
  - Vaginal hysterectomy

  Stress urinary problems:
  - Minimally invasive slings/bladder neck procedures
## Core Training (Core Module 19: Developing Professionalism)

### Competences

- Demonstrate effective teamworking
- Show evidence of team leadership
- Written communication
- Signing perinatal death certificates
- Leadership in acute emergency
Core Training (Core Module 2: Teaching, Appraisal and Assessment)

Competences

- Teaching
  - Small group teaching
    - Mr Alex Baker RCOG Test Level 2 26/06/2019
    - Mr Alex Baker RCOG Test Level 1 26/06/2019
  - Large group teaching
    - Mr Alex Baker RCOG Test Level 2 26/06/2019
    - Mr Alex Baker RCOG Test Level 1 26/06/2019
  - Formal presentation or lecture
    - Mr Alex Baker RCOG Test Level 2 26/06/2019
    - Mr Alex Baker RCOG Test Level 1 26/06/2019
  - One-to-one teaching at the bedside
    - Mr Alex Baker RCOG Test Level 2 26/06/2019
    - Mr Alex Baker RCOG Test Level 1 26/06/2019
  - Teaching practical procedures
    - Mr Alex Baker RCOG Test Level 2 26/06/2019
    - Mr Alex Baker RCOG Test Level 1 26/06/2019
  - Organisation of teaching
    - Mr Alex Baker RCOG Test Level 2 26/06/2019
    - Mr Alex Baker RCOG Test Level 1 26/06/2019
  - Run obstetric emergency drill
    - Mr Alex Baker RCOG Test Level 2 26/06/2019

- Appraisal
  - Observe effective appraisal
    - Mr Alex Baker RCOG Test Level 2 26/06/2019
    - Mr Alex Baker RCOG Test Level 1 26/06/2019

- Assessment
  - Perform appropriate assessments
    - Mr Alex Baker RCOG Test Level 2 26/06/2019
    - Mr Alex Baker RCOG Test Level 1 26/06/2019
### Core Training (Core Module 3: Information Technology, Clinical Governance and Research)

#### Competences

<table>
<thead>
<tr>
<th>Category</th>
<th>Description</th>
<th>Level</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Audit</strong></td>
<td>Perform an audit</td>
<td>Level 2</td>
<td>26/06/2019</td>
</tr>
<tr>
<td>(ES) Mr Alex Baker RCOG Test</td>
<td>Level 1</td>
<td>26/06/2019</td>
<td></td>
</tr>
<tr>
<td><strong>Clinical governance</strong></td>
<td>Prepare or revise a guideline or care pathway</td>
<td>Level 1</td>
<td>26/06/2019</td>
</tr>
<tr>
<td>(ES) Mr Alex Baker RCOG Test</td>
<td>Level 2</td>
<td>26/06/2019</td>
<td></td>
</tr>
<tr>
<td>Adopts a structured approach to managing complaints</td>
<td></td>
<td>Level 1</td>
<td>26/06/2019</td>
</tr>
<tr>
<td>(ES) Mr Alex Baker RCOG Test</td>
<td>Level 2</td>
<td>26/06/2019</td>
<td></td>
</tr>
<tr>
<td><strong>Appraisal</strong></td>
<td>Participate in NHS appraisal</td>
<td>Level 1</td>
<td>26/06/2019</td>
</tr>
<tr>
<td>(ES) Mr Alex Baker RCOG Test</td>
<td>Level 2</td>
<td>26/06/2019</td>
<td></td>
</tr>
<tr>
<td><strong>Risk management</strong></td>
<td>Present at risk management meeting</td>
<td>Level 1</td>
<td>26/06/2019</td>
</tr>
<tr>
<td>(ES) Mr Alex Baker RCOG Test</td>
<td>Level 2</td>
<td>26/06/2019</td>
<td></td>
</tr>
<tr>
<td><strong>Research</strong></td>
<td>Critically appraise a scientific paper</td>
<td>Level 2</td>
<td>26/06/2019</td>
</tr>
<tr>
<td>(ES) Mr Alex Baker RCOG Test</td>
<td>Level 1</td>
<td>26/06/2019</td>
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</tr>
</tbody>
</table>
## Core Training (Core Module 4: Ethics and Legal Issues)

### Competences

**Consent and legal/ethical issues**
- **Understand the ethical and legal issues of consent**
  - (ES) Mr Alex Baker RCOG Test Level 2 26/06/2019
  - (ES) Mr Alex Baker RCOG Test Level 1 26/06/2019
- **Understand the ethical and legal issues of patient safety**
  - (ES) Mr Alex Baker RCOG Test Level 2 26/06/2019
  - (ES) Mr Alex Baker RCOG Test Level 1 26/06/2019
- **Understand the ethical and legal issues of consent for neonatal post-mortem examination**
  - (ES) Mr Alex Baker RCOG Test Level 1 26/06/2019
  - (ES) Mr Alex Baker RCOG Test Level 2 26/06/2019
- **Knowledge of ethical and legal issues related to Female Genital Mutilation**
  - (ES) Mr Alex Baker RCOG Test Level 2 26/06/2019
  - (ES) Mr Alex Baker RCOG Test Level 1 26/06/2019

**Legal and ethical issues**
- **Participate in Critical Incident Review**
  - (ES) Mr Alex Baker RCOG Test Level 2 26/06/2019
### Competences

<table>
<thead>
<tr>
<th>Task</th>
<th>Name</th>
<th>Level</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Interpret preoperative investigations</td>
<td>Mr Alex Baker RCOG Test</td>
<td>Level 2</td>
<td>26/06/2019</td>
</tr>
<tr>
<td>Arrange preoperative management</td>
<td>Mr Alex Baker RCOG Test</td>
<td>Level 1</td>
<td>26/06/2019</td>
</tr>
<tr>
<td>Obtain informed consent</td>
<td>Mr Alex Baker RCOG Test</td>
<td>Level 2</td>
<td>26/06/2019</td>
</tr>
<tr>
<td>Obtain informed consent</td>
<td>Mr Alex Baker RCOG Test</td>
<td>Level 1</td>
<td>26/06/2019</td>
</tr>
<tr>
<td>Choose appropriate operation</td>
<td>Mr Alex Baker RCOG Test</td>
<td>Level 2</td>
<td>26/06/2019</td>
</tr>
<tr>
<td>Choose appropriate operation</td>
<td>Mr Alex Baker RCOG Test</td>
<td>Level 1</td>
<td>26/06/2019</td>
</tr>
<tr>
<td>Open and close the abdomen</td>
<td>Mr Alex Baker RCOG Test</td>
<td>Level 2</td>
<td>26/06/2019</td>
</tr>
<tr>
<td>Open and close the abdomen</td>
<td>Mr Alex Baker RCOG Test</td>
<td>Level 1</td>
<td>26/06/2019</td>
</tr>
<tr>
<td>Exhibit technical competence</td>
<td>Mr Alex Baker RCOG Test</td>
<td>Level 2</td>
<td>26/06/2019</td>
</tr>
<tr>
<td>Exhibit technical competence</td>
<td>Mr Alex Baker RCOG Test</td>
<td>Level 1</td>
<td>26/06/2019</td>
</tr>
<tr>
<td>Make appropriate operative decisions</td>
<td>Mr Alex Baker RCOG Test</td>
<td>Level 2</td>
<td>26/06/2019</td>
</tr>
<tr>
<td>Make appropriate operative decisions</td>
<td>Mr Alex Baker RCOG Test</td>
<td>Level 1</td>
<td>26/06/2019</td>
</tr>
<tr>
<td>Manage intraoperative problems</td>
<td>Mr Alex Baker RCOG Test</td>
<td>Level 2</td>
<td>26/06/2019</td>
</tr>
<tr>
<td>Manage intraoperative problems</td>
<td>Mr Alex Baker RCOG Test</td>
<td>Level 1</td>
<td>26/06/2019</td>
</tr>
</tbody>
</table>
Competences

- Conduct appropriate review of:
  - Fluid/electrolyte balance
    - Mr Alex Baker RCOG Test (Level 2, 26/06/2019)
    - Mr Alex Baker RCOG Test (Level 1, 26/06/2019)
  - Catheter
    - Mr Alex Baker RCOG Test (Level 2, 26/06/2019)
    - Mr Alex Baker RCOG Test (Level 1, 26/06/2019)
  - Surgical drainage
    - Mr Alex Baker RCOG Test (Level 2, 26/06/2019)
    - Mr Alex Baker RCOG Test (Level 1, 26/06/2019)
  - Sutures
    - Mr Alex Baker RCOG Test (Level 2, 26/06/2019)
    - Mr Alex Baker RCOG Test (Level 1, 26/06/2019)
  - Wound complications
    - Mr Alex Baker RCOG Test (Level 2, 26/06/2019)
    - Mr Alex Baker RCOG Test (Level 1, 26/06/2019)

- Communicate:
  - With colleagues
    - Mr Alex Baker RCOG Test (Level 2, 26/06/2019)
    - Mr Alex Baker RCOG Test (Level 1, 26/06/2019)
  - With relatives
    - Mr Alex Baker RCOG Test (Level 2, 26/06/2019)
    - Mr Alex Baker RCOG Test (Level 1, 26/06/2019)
  - Explain procedure to patient
    - Mr Alex Baker RCOG Test (Level 2, 26/06/2019)
    - Mr Alex Baker RCOG Test (Level 1, 26/06/2019)
  - Advise on postoperative progress
    - Mr Alex Baker RCOG Test (Level 2, 26/06/2019)
    - Mr Alex Baker RCOG Test (Level 1, 26/06/2019)

- Manage postoperative complications, collaborating with others where appropriate:
  - Gynaecological
    - Mr Alex Baker RCOG Test (Level 2, 26/06/2019)
    - Mr Alex Baker RCOG Test (Level 1, 26/06/2019)
  - Non-gynaecological
    - Mr Alex Baker RCOG Test (Level 1, 26/06/2019)
    - Mr Alex Baker RCOG Test (Level 2, 26/06/2019)
  - Late complications
    - Mr Alex Baker RCOG Test (Level 2, 26/06/2019)
    - Mr Alex Baker RCOG Test (Level 1, 26/06/2019)
### Core Training (Core Module 7: Surgical Procedures)

#### Competences

<table>
<thead>
<tr>
<th>Task</th>
<th>Provider</th>
<th>Level</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Evacuation of uterus</td>
<td>Mr Alex Baker RCOG Test</td>
<td>Level 2</td>
<td>26/06/2019</td>
</tr>
<tr>
<td>Management of Bartholin’s Abscess/Cyst</td>
<td>Mr Alex Baker RCOG Test</td>
<td>Level 1</td>
<td>26/06/2019</td>
</tr>
<tr>
<td>Laparotomy for ectopic pregnancy</td>
<td>Mr Alex Baker RCOG Test</td>
<td>Level 2</td>
<td>26/06/2019</td>
</tr>
<tr>
<td>Excision biopsy of benign vulval lesions (LA or GA)</td>
<td>Mr Alex Baker RCOG Test</td>
<td>Level 2</td>
<td>26/06/2019</td>
</tr>
<tr>
<td>Vulval biopsy under local anaesthesia</td>
<td>Mr Alex Baker RCOG Test</td>
<td>Level 1</td>
<td>26/06/2019</td>
</tr>
<tr>
<td>Abdominal hysterectomy ± bilateral salpingo-oophorectomy</td>
<td>Mr Alex Baker RCOG Test</td>
<td>Level 2</td>
<td>26/06/2019</td>
</tr>
<tr>
<td>Vaginal hysterectomy</td>
<td>Mr Alex Baker RCOG Test</td>
<td>Level 1</td>
<td>26/06/2019</td>
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<tr>
<td>Oophorectomy</td>
<td>Mr Alex Baker RCOG Test</td>
<td>Level 2</td>
<td>26/06/2019</td>
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<tr>
<td>Ovarian cystectomy</td>
<td>Mr Alex Baker RCOG Test</td>
<td>Level 2</td>
<td>26/06/2019</td>
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<tr>
<td>Adhesiolyis</td>
<td>Mr Alex Baker RCOG Test</td>
<td>Level 2</td>
<td>26/06/2019</td>
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<tr>
<td>Transabdominal myomectomy</td>
<td>Mr Alex Baker RCOG Test</td>
<td>Level 2</td>
<td>26/06/2019</td>
</tr>
<tr>
<td>Diagnostic laparoscopy</td>
<td>Mr Alex Baker RCOG Test</td>
<td>Level 2</td>
<td>26/06/2019</td>
</tr>
<tr>
<td>Management of pelvic abscess: (a) Non-surgical management of pelvic abscess (ie conservative, interventional radiology/needle drainage)</td>
<td>Mr Alex Baker RCOG Test</td>
<td>Level 2</td>
<td>26/06/2019</td>
</tr>
<tr>
<td>Competence</td>
<td>Achiever</td>
<td>Level</td>
<td>Date</td>
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<tr>
<td>---------------------------------------------------------------------------</td>
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</tr>
<tr>
<td>Evacuation of uterus</td>
<td>Mr Alex Baker RCOG Test</td>
<td>Level 1</td>
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<td>Management of Bartholin's Abscess/Cyst</td>
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<td>Laparotomy for ectopic pregnancy</td>
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<td>Excision biopsy of benign vulval lesions (LA or GA)</td>
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<td>Vulval biopsy under local anaesthesia</td>
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<tr>
<td>Abdominal hysterectomy ± bilateral salpingo-oophorectomy</td>
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<td>Oophorectomy</td>
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<td>Adhesiolysis</td>
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<td>Diagnostic laparoscopy</td>
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<td>Management of pelvic abscess: (b) Surgical management of pelvic abscess</td>
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<td>Level 2</td>
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<td>Laparoscopic sterilisation</td>
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<td>Hysteroscopy and polypectomy</td>
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<td>Minor cervical procedures</td>
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<td>Level 2</td>
<td>26/06/19</td>
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Exported from NHS ePortfolios, 26/06/2019
### Competences

<table>
<thead>
<tr>
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<th>Level</th>
<th>Date</th>
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<tr>
<td>Conduct a booking visit</td>
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<td>26/06/2019</td>
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<tr>
<td>Conduct a follow up visit</td>
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<td>Level 1</td>
<td>26/06/2019</td>
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<tr>
<td>Arrange appropriate investigations</td>
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<td>26/06/2019</td>
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<td>Assess fetal wellbeing by interpretation of:</td>
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<td>Level 1</td>
<td>26/06/2019</td>
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<td>Maternal history</td>
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<td>Maternal history</td>
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<td>CTG</td>
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<td>26/06/2019</td>
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<td>Manage:</td>
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<td>Oligohydramnios/polyhydramnios</td>
<td>(ES) Mr Alex Baker RCOG Test</td>
<td>Level 1</td>
<td>26/06/2019</td>
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<td>Growth restriction</td>
<td>(ES) Mr Alex Baker RCOG Test</td>
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<td>Multiple pregnancy</td>
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<td>Malpresentation</td>
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<td>26/06/2019</td>
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<td>Reduced fetal movements</td>
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<td>26/06/2019</td>
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<td>Prolonged pregnancy</td>
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<td>Drug and alcohol problems in pregnancy</td>
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<td>Level 1</td>
<td>26/06/2019</td>
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<tr>
<td>Common infections in pregnancy (UTI, parvovirus, varicella)</td>
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<td>Level 1</td>
<td>26/06/2019</td>
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<tr>
<td>Rarer infections (e.g. HIV, CMV)</td>
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<td>Level 1</td>
<td>26/06/2019</td>
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<td>Preterm premature rupture of the membranes</td>
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<tr>
<td>Antepartum haemorrhage</td>
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<td>External cephalic version</td>
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<td>26/06/2019</td>
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<td>Insertion of cervical cerclage</td>
<td>(ES) Mr Alex Baker RCOG Test</td>
<td>Level 1</td>
<td>26/06/2019</td>
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<tr>
<td>Counsel about:</td>
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<tr>
<td>Screening for Down Syndrome</td>
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<td>26/06/2019</td>
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<tr>
<td>Screening for other fetal abnormalities</td>
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<tr>
<td>Able to discuss risks of stillbirth</td>
<td>(ES) Mr Alex Baker RCOG Test</td>
<td>Level 1</td>
<td>26/06/2019</td>
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<tr>
<td>Haemolytic disease of the newborn</td>
<td>(ES) Mr Alex Baker RCOG Test</td>
<td>Level 1</td>
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<tr>
<td>Mode of delivery after caesarean section</td>
<td>(ES) Mr Alex Baker RCOG Test</td>
<td>Level 1</td>
<td>26/06/2019</td>
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</tbody>
</table>
• Cervical cerclage
• Defibulation as appropriate in cases of female genital mutilation
Competences

- Diagnose, investigate and manage antenatally with appropriate consultation:
  - Chronic hypertension
  - Gestational hypertension
  - Pre eclampsia
  - Severe hypertension/pre-eclampsia
  - HELLP syndrome
  - Eclampsia
  - Acute pyelonephritis
  - Renal stones
  - Chronic renal disease
  - Renal disease - transplantation
  - Cardiac disease - congenital heart disease
  - Cardiac disease - rheumatic heart disease
  - Cardiac disease - ischaemic heart disease
  - Cardiac disease - arrhythmia
  - Cardiac disease - peripartum cardiomyopathy
  - Liver disease - obstetric cholestasis
  - Liver disease - acute fatty liver of pregnancy
  - Respiratory disease - asthma
  - Respiratory disease - TB
  - Respiratory disease - acute respiratory distress syndrome
  - Gastrointestinal disease - chronic inflammatory bowel disease
  - Gastrointestinal disease - gallstones
  - Gastrointestinal disease - reflux oesophagitis
  - Gastrointestinal disease - hyperemesis gravidarum
  - Gestational diabetes
  - Insulin-dependant diabetes - use of sliding scale
  - Insulin-dependant diabetes - complications
  - Hypothyroidism
  - Hyperthyroidism
  - Microprolactinoma
  - Neurological disease - epilepsy
  - Neurological disease - migraine
  - Neurological disease - multiple sclerosis
  - Neurological disease - Bell's palsy
Core Training (Core Module 9: Maternal Medicine)

Competences

- Diagnose, investigate and manage antenatally with appropriate consultation:
  - Chronic hypertension
  - Gestational hypertension
  - Pre-eclampsia
  - Severe hypertension/pre-eclampsia
  - HELLP syndrome
  - Eclampsia
  - Acute pyelonephritis
  - Renal stones
  - Chronic renal disease
  - Renal disease - transplantation
  - Cardiac disease - congenital heart disease
  - Cardiac disease - rheumatic heart disease
  - Cardiac disease - ischaemic heart disease
  - Cardiac disease - arrhythmia
  - Cardiac disease - peripartum cardiomyopathy
  - Liver disease - obstetric cholestasis
  - Liver disease - acute fatty liver of pregnancy
  - Respiratory disease - asthma
  - Respiratory disease - TB
  - Respiratory disease - acute respiratory distress syndrome
  - Gastrointestinal disease - chronic inflammatory bowel disease
  - Gastrointestinal disease - gallstones
  - Gastrointestinal disease - reflux oesophagitis
  - Gastrointestinal disease - hyperemesis gravidarum
  - Gestational diabetes
  - Insulin-dependant diabetes - use of sliding scale
  - Insulin-dependant diabetes - complications
  - Hypothyroidism
  - Hyperthyroidism
  - Microprolactinoma
  - Neurological disease - epilepsy
  - Neurological disease - migraine
  - Neurological disease - multiple sclerosis
  - Neurological disease - Bell's palsy
  - Neurological disease - carpel tunnel syndrome
  - Systemic lupus erythematosus
  - Antiphospholipid syndrome (APLS)
  - Sickle cell disease & other haemoglobinopathies
  - Haemophilia & von Willebrand's disease
  - Thrombocytopenias
  - Previous deep vein thrombosis
  - Thrombophilias
  - Acute DVT
  - Pulmonary embolism
  - Perinatal mental health: planning of antenatal/intrapartum care including emergency
  - Perinatal mental health: planning of postnatal care
  - Perinatal mental health: appropriate MDT management of acute events
  - Perinatal mental health: knowledge of relevant pharmacology
  - Skin disease - eczema
  - Skin disease - polymorphic eruption of pregnancy
  - Non-gynaecological malignancy
  - HIV
### Core Training (Curriculum / Logbook Progress)

<table>
<thead>
<tr>
<th>Competences</th>
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<tbody>
<tr>
<td><strong>Core Module 1: Clinical Skills</strong></td>
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<tr>
<td>Formative OSATS (Supervised Learning Event) - Fetal blood sampling 26 Jun 2019 (Mr Alex Baker) (Assessment performed on a simulator)</td>
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<tr>
<td>Formative OSATS (Supervised Learning Event) - Basic Ultrasound Module 2 - Placental assessment 26 Jun 2019 (Mr Alex Baker) (Assessment NOT performed on a simulator)</td>
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<td>Summative OSATS (Assessment of Performance) - Intermediate Ultrasound Module 4 - Ultrasound assessment of pelvic pain 26 Jun 2019 (Competent) (Mr Alex Baker, Consultant)</td>
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<td><strong>Intermediate competences achieved</strong></td>
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| **Core Module 2: Teaching, Appraisal and Assessment** |
| Summative OSATS (Assessment of Performance) - Basic Ultrasound Module 2 - Fetal measurement, lie and presentation 26 Jun 2019 (Competent) (Mr Alex Baker, Consultant) |
| Summative OSATS (Assessment of Performance) - Hysteroscopy 26 Jun 2019 (Working towards competence) (Mr Alex Baker, Consultant) |
| Summative OSATS (Assessment of Performance) - Operative laparoscopy 26 Jun 2019 (Competent) (Mr Alex Baker, Consultant) |
| ST4 Document.pdf |
| **Basic competences achieved** 26/06/2019 |
| **Intermediate competences achieved** 26/06/2019 |

| **Core Module 3: Information Technology, Clinical Governance and Research** |
| ST4 Image.jpg |

| **Core Module 4: Ethics and Legal Issues** |
| **Basic competences achieved** 26/06/2019 |
| **Intermediate competences achieved** 26/06/2019 |

| **Core Module 5: Core Surgical Skills** |
| ST4 Document.docx |

| **Basic competences achieved** 26/06/2019 |
| **Intermediate competences achieved** 26/06/2019 |
Core Module 1: Clinical Skills

- Intermediate competences achieved
  - Mr Alex Baker RCOG Test

Core Module 8: Antenatal Care

- Basic competences achieved
  - Mr Alex Baker RCOG Test
  - Mr Alex Baker RCOG Test

Core Module 9: Maternal Medicine

- Basic competences achieved
  - Mr Alex Baker RCOG Test
  - Mr Alex Baker RCOG Test

Core Module 10: Management of Labour

- Basic competences achieved
  - Mr Alex Baker RCOG Test
  - Mr Alex Baker RCOG Test

Core Module 11: Management of Delivery

- Basic competences achieved
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  - Mr Alex Baker RCOG Test

Core Module 12: Postpartum Problems (the Puerperium)

- Basic competences achieved
  - Mr Alex Baker RCOG Test
  - Mr Alex Baker RCOG Test

Core Module 13: Gynaecological Problems

- Basic competences achieved
  - Mr Alex Baker RCOG Test
  - Mr Alex Baker RCOG Test

Core Module 6: Postoperative Care

- Basic competences achieved
  - Mr Alex Baker RCOG Test

Core Module 7: Surgical Procedures

- Basic competences achieved
  - Mr Alex Baker RCOG Test
- Intermediate competences achieved
  - Mr Alex Baker RCOG Test

Core Module 18: Urogynaecology and Pelvic Floor Problems

- Basic competences achieved
  - Mr Alex Baker RCOG Test

Core Module 4: Ethics and Legal Issues

Core Module 5: Obstetric Anaesthesia

Core Module 15: Sexual and Reproductive Health

Core Module 16: Obstetric Anaesthesia

Core Module 17: Obstetric Anaesthesia

Core Module 19: Obstetric Anaesthesia

Core Module 20: Obstetric Anaesthesia
Core Module 1: Clinical Skills

26/06/2019

Intermediate competences achieved

Core Module 15: Sexual and Reproductive Health

26/06/2019

Basic competences achieved

Core Module 16: Early Pregnancy Care

26/06/2019

Basic competences achieved

Core Module 17: Gynaecological Oncology

26/06/2019

Basic competences achieved

Core Module 18: Urogynaecology and Pelvic Floor Problems

26/06/2019

Basic competences achieved

Core Module 19: Developing Professionalism

26/06/2019

Basic competences achieved

Ultrasound Module 1: Basic: Early pregnancy ultrasound (8-12 weeks)

26/06/2019

Intermediate competences achieved

Basic competences achieved
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<td>Ultrasound Module 2: Basic: Ultrasound assessment of fetal size, liquor and the placenta</td>
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Core Training (Ultrasound Module 1: Basic: Early pregnancy (8-12 weeks))

Competences

- Safe use of US machine and correct settings
- Probe orientation, probe care and infection control (transabdominal)
- Confirmation of intrauterine location of pregnancy
- Detection of fetal cardiac activity
- Measurement of gestational sac diameter and crown rump length
- Accurate documentation of measurements
- Producing written summary and interpretation of results
- Communicating normal results to parents
- Communicating abnormal results to parents
- Arranging appropriate referral, follow up or intervention
- Working in a multi-disciplinary team
<table>
<thead>
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<th>Competences</th>
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<tbody>
<tr>
<td>Safe use of US machine and use of correct settings</td>
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<tr>
<td>Establish fetal cardiac activity</td>
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<tr>
<td>Accurate measurement of BPD, HC, AC, FL</td>
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<tr>
<td>Accurate documentation of measurements and observations, including chart plotting</td>
</tr>
<tr>
<td>Assessment of liquor volume: Measurement of AFI</td>
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<tr>
<td>Assessment of liquor volume: Measurement of MVPD</td>
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<tr>
<td>Assessment of placental position using the trans-abdominal route</td>
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<tr>
<td>Arranging appropriate follow up or referral</td>
</tr>
<tr>
<td>Producing written summary and interpretation of results</td>
</tr>
<tr>
<td>Communicating normal results to parents</td>
</tr>
<tr>
<td>Maintains awareness of limitations of own competence</td>
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</tbody>
</table>
Core Training (Ultrasound Module 3: Intermediate: Ultrasound of normal fetal anatomy)

Competences

- Safe use of US machine + correct settings
- Accurate measurements of BPD, HC, AC, FL, TCD and lateral atrial diameter of the cerebral ventricles
- Confirm normal anatomy of spine
- Confirm normal anatomy of heart and chest
- Confirm normal anatomy of abdomen
- Confirm normal anatomy of limbs
- Perform full anomaly scan
- Recognise common structural anomalies as stated in FASP (http://fetalanomaly.screening.nhs.uk/standardsandpolicies)
- Locate placental site & cervical canal
- Assess liquor volume
- Perform uterine artery Doppler
- Communicating normal results to parents
- Arranging appropriate referral or follow up
- Working in a multi-disciplinary team
### Competences

- **Ultrasound of the female pelvis**
  - Selection and set up of the US machine to ensure safe and optimal use to include appropriate probe selection and orientation
  - Correct and appropriate transabdominal and transvaginal probe care and infection control

- **Gynaecological ultrasound**
  - Accurate measurement of the endometrium in the accepted sagittal plane
  - Assessment of the adnexal regions: accurate identification of the normal ovaries, normal fallopian tube, normal pelvic fluid
  - Accurate measurement of normal and abnormal adnexal structures: mean diameter and volume
  - Recognise and evaluate common endometrial and myometrial abnormalities
  - Recognise and evaluate common ovarian abnormalities
  - Recognise and evaluate complex ovarian masses and refer on appropriately
  - Communicating normal results to patients
  - Communicating appropriate abnormal results to patients
  - Producing written summary and interpretation of results
  - Issue structured written report
  - Arranging appropriate follow up or intervention
  - Working in a multi-disciplinary team
Core Training (Ultrasound Module 5: Intermediate: Ultrasound of early pregnancy complications)

Competences

- Confirmation of the true intrauterine location of a pregnancy
- Confirmation of fetal viability
- Accurate measurement of MGSD, CRL
- Complete accurate assessment of the adnexae
- Accurate documentation of measurements and observations, including chart plotting
- Ability to identify extra-uterine pregnancy
- Ability to identify CS scar position
- Accurately record images
- Produce written summary and interpretation of results
- Issue structured written report
- Communicating normal results to parents
- Communicating abnormal results to parents
- Arranging appropriate follow up or intervention
- Working in a multi-disciplinary team