PROGRAMME

• DAY 1&2
  – OR with Professor Jon Einarsson at Faulkener Hospital

• DAY 3&4
  – OR with Professor Sarah Cohen

• DAY 5&8
  – OR with Professor Keith Isaacson
  – Sim training with MIGs fellows

• DAY 9&10
  – OR with Dr Jim Greenburg

• DAY 11-15
  – Harvard annual update course in O&G
Annual Update Course in O&G

- Clinical obstetrics
- Minimally invasive gynecologic surgery
- Urogynaecology
- Gynae oncology
- Reproductive endocrinology & infertility
- Adolescent gynaecology
- Menopause management
- High-risk patients
- Difficult deliveries
- Advances in diagnostic equipment & techniques
CASES

• TLH
  – for adenomyosis & menorrhagia
  – for fibroid uterus (1kg)
  – for endometriosis with dense adhesions
• Laparoscopic removal of essure due to pain
  – Bilateral salpingectomy and cornual resection
• Retrieval of copper IUD adherent to caecum
• Laparoscopic myomectomy
• Hysteroscopic myomectomy
• Hysteroscopic resection of uterine septum
• Laser excision of endometriosis
SURGICAL TECHNIQUE

- TLH 18 mins skin to skin!!
- As much equipment as needed 0 and 30° scopes on every tray
- High volume of cases
- 2 residents in theatre- both operating
- Veress needle with visiport entry
- Harmonic scalpel
- Storz RoBi forceps
- Vcare uterine manipulator
- Barbed suture for vault
- Dermabond skin closure
- Morcellation- mini laparotomy & morcellate in a bag
Post Op
- TLH patients home from recovery
- Consultant calls next of kin to discuss operation
- No follow up
GYNAE “OFFICE”

Clinic setting
• 1 clinic per week
• Hysteroscopy done at primary consultation
• Patients given date for surgery
• All patients scanned
• Residents’ office attached
TRAINING

• 4 year residency (2 hospitals)
• Numbers based competency
• 2 year minimal access fellowship (national application linked to AAGL)
• No cannulas / catheters / bloods etc- all done by technicians
• Weekly regional teaching Wednesday mornings 7am –1pm
• 80+ hours per week
• 3 out of 5 weekends
• 24-hour on calls
• 20 days annual leave
• 1 conference per year
• 4 weeks maternity leave
• No LTFT option
Simulators shared between 3 fellows!!
POST RESIDENCY

• Many jobs available!

• Independent operators - residents have done up to 200 TLHs in training

• Salary related to location

• Average starting salary $250,000

• Partnership on call system
LESSONS LEARNED

• Aim high
• Network ++
• Lots of opportunities available
• High volume of cases
• Simulation training
• Explore new technologies and techniques
WHAT NEXT...?

• ESGE

• AAGL November

• Wales deanery need simulation box trainers!
  – For trainers and trainees
  – Discussion with Storz- £15,000 per trainer
  – Sponsorship opportunities / training budget

• Future of gynaecology is in MIGS
Thank you!